



PRESENTS
THE 39TH YEAR OF
THE PRESTON STREET BICYCLE RACES
SUNDAY, JUNE 19, 2011 OTTAWA, ON



TECHNICAL GUIDE

BIKERACE OTTAWA:

DOUG CORNER • ART MOREWOOD • CARLO DAL-CIN • DAVID BILENKEY • JON GEE

Contact Info: info@bikeraceottawa.com

Kids Races Ages 7 and under organized by
Osmond Bakker

Contact Info: Osmond.bakker@gmail.com

Kids Races Ages 7 and over organized by
Rob McClure

Contact Info: Rob.McClure@sympatico.ca

SCHEDULE

June 19th, 2011 11:00am until 5:00pm

Start Location: Preston and Norman Streets

Course: Preston/Adeline/Rochester/Aberdeen
(counter clockwise)

Distance per lap: 1.0 km (includes 4 corners)

EVENT #1 SENIOR 3, 4 MEN, JUNIORS, CADETS

Start time: 11:00 am

Categories: Senior 3, 4 Men, Juniors, Cadets

Distance: 45 min. + 5 laps

EVENT #2 MASTER 2, 3 MEN

Start time: 12:00 pm

Categories: Master 2, 3 Men

Distance: 45 min. + 5 laps

EVENT #3 KIDS RACES

Race 1: Wave 1: 5 years and under 50m sprint

Wave 2: 6-7 yr olds 50 m sprint

Start time: 1:00 to 1:15pm

Race 2: Bibite (7-9 yrs old, born in '02-'04) 2 Laps

Start time: 1:15 finish by 1:25

Race 3: Peewee

(10-12 yrs old, born in '99-'01) 4 lap

Start time: 1:25 finish by 1:45

Race 4: Minimee

(13-14 yrs old, born in '97-'98) 6 laps

Start time: 1:45 finish by 1:59

EVENT #4 WOMEN

Start time: 2:00 pm

Categories: Women

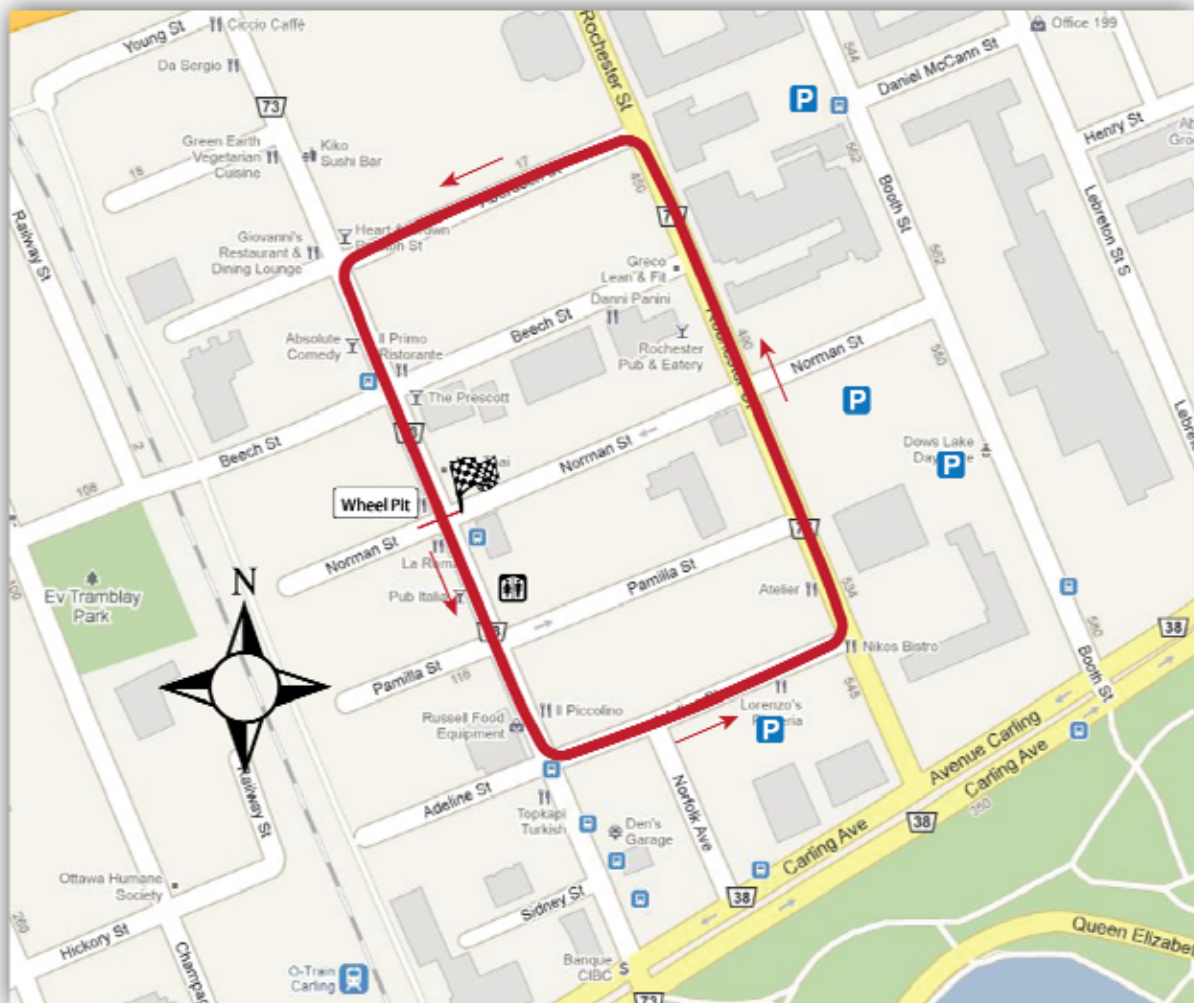
Distance: 45 min. + 5 laps

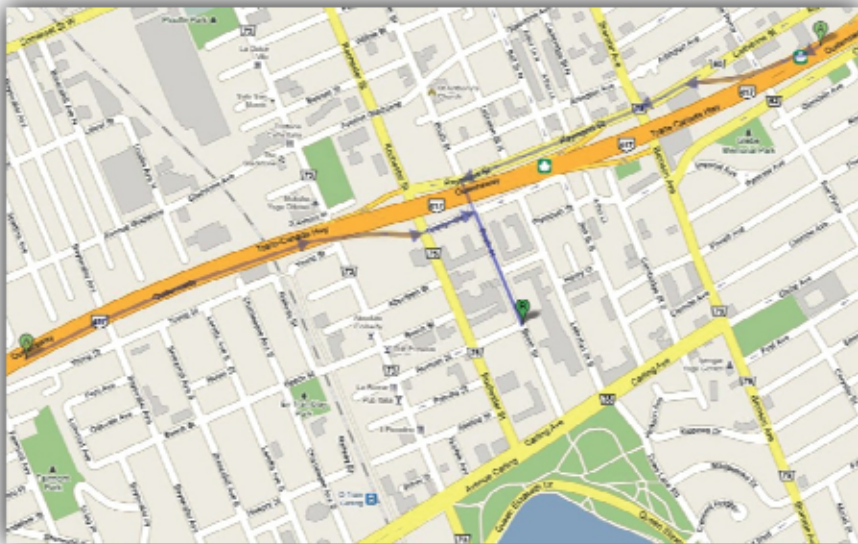
EVENT #5 SENIOR 1, 2, MASTER 1 MEN

Start time 3:00 pm

Categories: Senior 1, 2, Master 1 Men

Distance 1 hr 15 min + 5 laps





From the West, take Highway 417 to the Rochester Street exit. At the traffic lights at Rochester, continue straight onto Orangeville. At Booth St. turn right and park in the area of Booth/Norman. The Government of Canada parking lots will be available.

From the East, take Highway 417 to the Bronson St. exit. Continue straight on Catherine St. which turns into Raymond St. At Booth St., turn left and park in the area of Booth/Norman. The Government of Canada parking lots will be available.

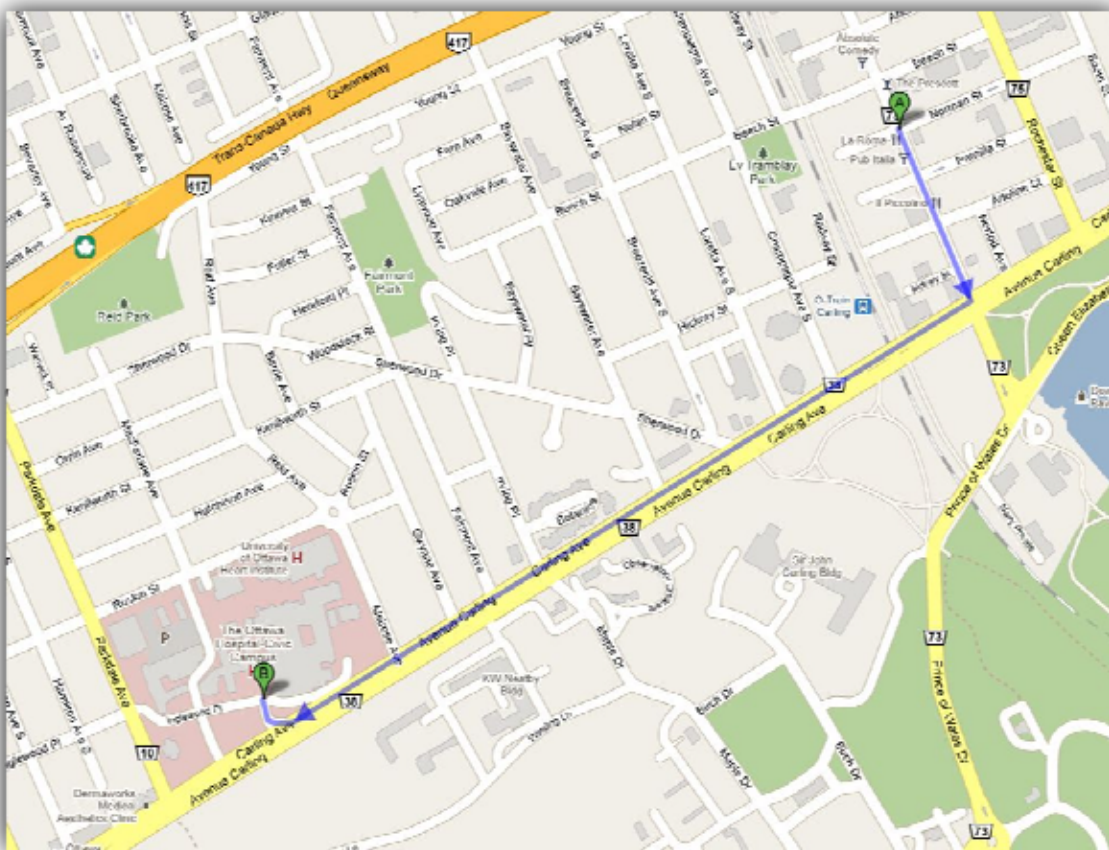
DO NOT PARK INSIDE THE RACE COURSE!

EVENT RULES

- **Pre-registration closes on Thursday June 16th, 2011 at 11:59 pm.**
- Register at [Ontario Cycling Association Registration](#)
- Pre-registration fee \$35 for Junior and U17, \$40 all other categories.
- Race Day Entry Fee \$45 for Junior and U17, \$50 all other categories.
- Same day registration available on site starting at 9:00 AM.
- Registration (sign-in) closes 30 minutes before each event.
- Quebec Master A (30-39) will ride with Master 1, Quebec Master B, C, D (40-60+) will ride with Master 2, 3.
- US Riders must have a UCI licence, US riders holding a domestic license are no longer permitted by US Cycling to compete in Canada.
- **NO WARMING UP ON THE COURSE. BRING YOUR BIKE TRAINER.**
- All riders must sign on at registration on race day at least 30 minutes before their start.
- All UCI-licensed riders are eligible to register. OCA Citizen Permit holders under the age of 17 may also register. For all other unlicensed riders, OCA One-Event Racing Permits (\$12) will be available for Under-17 Men & Women, Junior Men & Women, Senior 3 Women, Master A&B Women, Senior 4 Men and Master 3 Men. Citizen Permits will be available for purchase to riders under 17 in age.
- An OCA representative will be present at the race to assist with rider licensing issues. One-Event Racing Permits and Citizen Permits will be available from the OCA. There are no plans to sell UCI licences on race day. Please contact the OCA for more details.
- All riders (or parents/guardians) are required to sign the OCA and CCA waivers, unless they have an OCA-issued license.
- **Any rider dropping out of the race must immediately notify a commissaire.**
- In cases where more than one group is on the course at the same time, riders must remain separate when overtaking or being overtaken by riders from other groups.

- Lapped riders may be pulled at the order of the commissaires, either after being overtaken or just before being overtaken. Otherwise, lapped riders must remain separate, even when being overtaken by riders in their own group.
- It is the riders' responsibility to ensure that their race numbers are readable. Riders whose numbers are unreadable at the finish may not get a placing and may forfeit their prizes.
- Team radios are not permitted.
- All riders within a category will finish on the same lap. Therefore, lapped riders will complete fewer laps than the winner.
- The prize list will be displayed at registration. Additional prizes may be announced on the start line. Awards will be presented during the following race according to the published schedule. Top-3 finishers are required to attend award presentations or risk forfeiting their awards. Riders are expected to wear their competition uniforms for the presentation.
- A free lap may be granted for each mishap. In the case of a recognized mishap (see rule 3.2.021) the rider shall be entitled to a neutralization of one or two laps to be determined by the commissaires according to the length of the circuit. Only the commissaires may determine if the mishap is legitimate. The following shall be considered recognized mishaps: a fall; a puncture; the breakage of an essential part of the bicycle; being held up behind a crash. All other incidents are considered unrecognized incidents. **ALL RIDERS MUST REPORT TO THE WHEEL PIT TO OBTAIN THE FREE LAP.**
- No free laps will be given in the final 5 laps of the event. This 5 lap distance shall be determined by the position of the leaders.
- Bicycle repairs may be made in the official pit only. Riders are encouraged to bring their own spare wheels to be placed in the pit the start of their race.
- Feeding is not permitted.

NEAREST HOSPITAL



Civic Hospital
1053 Carling Ave.
Ottawa, ON
(613) 722-7000

St. John First Aid
will be at the
Start/Finish line.
Emergency
ambulance call is
911.

EQUIPMENT RULES

- Per UCI/CCA rules, only traditional wheels or approved non-traditional wheels are permitted. Consult the list of approved non-traditional wheels at [UCI wheels PDF](#).
- Only standard handlebars are permitted. Handlebar extensions including time-trial bar extensions are not permitted.
- Only bicycles that fit the UCI definition are permitted. See section 2 of Chapter 3 in the 2011 CCA regulations.
- Riders are required to wear jerseys corresponding to the club or team printed on their license.
- Sleeveless jerseys are not permitted.
- Riders are required to wear helmets while racing and while warming up.
- Gear restrictions will be in effect for Junior and Under-17 categories, plus Under-19 Senior 1&2 riders.
- The use of glass containers is strictly prohibited during the race.

NUMBER PLACEMENT AND PODIUM PROTOCOL

- Numbers will be provided by the organizer.
- Numbers must be placed on the left shoulder and left hip/pocket.
- Your number must be visible to the camera to get a placing.
- The following guidelines should be followed during podium presentations:
 - Competition wear
 - No jeans, sunglasses, hats
 - Riders must attend presentation or they forfeit awards



PRIZE LIST (TENTATIVE)

EVENT #1 SENIOR 3, 4 MEN, JUNIORS, CADETS

\$150, \$125, \$100, \$75, \$50 = \$500 total

Merchandise prize for first Junior value ~\$80

5 primes during the race for a total value of ~\$150

EVENT #2 MASTER 2, 3 MEN

\$150, \$125, \$100, \$75, \$50 = \$500 total

Merchandise prize for first Master 3 value ~\$75

5 merchandise primes during the race for a total value of ~\$140

EVENT #3 KIDS RACES

Race medals for the top finishers in the kid's events

EVENT #4 WOMEN

Senior 1,2 Women: \$175, \$150, \$125, \$100, \$75 = \$625 total

Master Women: \$100, \$75, \$50 = \$225 total

First Junior Woman: \$75

5 merchandise primes during the race for a total value of ~\$180

Cash prizes from the spectators as well

EVENT #5 SENIOR 1, 2, MASTER 1 MEN

\$1000, \$500, \$300, \$200, \$150, and \$100 each for sixth through tenth places = \$2,650 total

7 merchandise primes during the race for a total value of ~\$200

Cash prizes from the spectators as well

OVERALL EVENT

TOTAL CASH: \$4,575

TOTAL MERCHANDISE: \$825